



Attending any of these workshops will automatically give you credit to fulfill the Healthy Eating & Living category for #TakeTheWheelChallenge!

FOOD, NUTRITION AND BASIC SKILLS PROGRAM

COOKING + NUTRITION

CONNECTING TO YOUR FOOD

BUDGETING + PLANNING

KITCHEN BASICS

Learn how to cook, take care of your body, and manage your finances through affordable food and housing while learning about your relationship with the world around you. Students who complete one workshop in each of the four tracks -- will receive a free kitchen start-up kit!



JUNE 1

HOW TO THROW A DINNER PARTY FOR \$25

5:30-7:00pm

MCC Kitchen (RSVP at tingurl.com/dinnerpartyfor25)

presented by FNBS

JUNE 3

BLUEBERRY PICKING

12-2pm

Meet at Embarcadero Hall (RSVP at tingurl.com/h5m8e2j)

presented by Edible Campus Program

JUNE 6

COOKING AS A COMMUNITY

1:30-2:30pm

San Clemente Community Center

presented by UCen Dining

JUNE WORKSHOPS

PLUS

A.S. FOOD BANK
MOBILE
FOOD
DISTRIBUTIONS



JUNE 6

5-6:30pm

Jameson Community Ctr., Santa Ynez



Visit FOODBANK.AS.UCSB.EDU for more information



The Food, Nutrition, Basic Skills Program is a partnership of: UC Global Food Initiative, A.S. Food Bank, Career Services, Community Housing Office, A.S. Environmental Affairs Board, Edible Campus Program, Gaucho Farmers Market, Health & Wellness, Housing & Residential Dining Services, Isla Carte, Isla Vista Food Co-Op, A.S. Isla Vista Tenants Union (IVTU), Kids in Nutrition, Office of Financial Aid & Scholarships, PACES, Residential & Community Living, Santa Barbara Student Housing Co-Operative, Student Health, A.S. Student Initiated and Recruitment and Retention Committee (SIRRC), UCSB Sustainability, and University Center Dining.